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HI, I'M JANE DOE

I help people build a better relationship with food, while cultivating sustainable eating habits for long-term health

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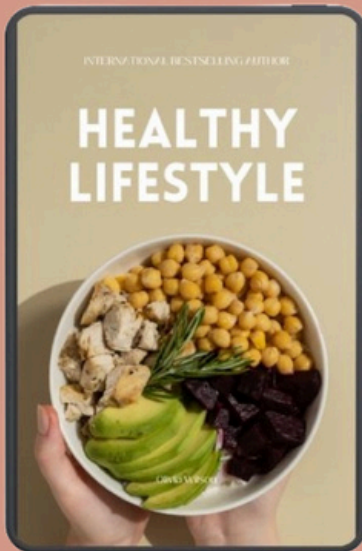
Healthy Eating Made Easy

Healthy eating does not have to be complicated. Learn simple ways to improve your health and nutrition.

First Name

Email Address

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ABOUT ME

Jane Doe, RD

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#CBC TORONTO



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COURSES

Online Learning Center



What you'll learn:

- ✓ The Psychology of Food.
- ✓ Overcome Your Emotional Eating.
- ✓ Sustainability in Eating & Health.

BROWSE COURSES

WORK WITH ME

Let's Work Together

I've spoken at 25+ events with over 1,000 attendees and built a community of 30,000+ followers across my social media platforms.

CONTACT ME



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